SSA Family Group Agenda Length: 22 minutes

Prep:

 Review the Action Snapshot Campaign instructions found in the back of your Family Group Facilitator Guide. If you have questions, please call or email Community Matters.

Email: data@community-matters.org

Call: (707) 823-6159

Meeting Agenda:

Welcome and Opening Activity – 5 min.

- Begin by welcoming everyone and take attendance (can be taken during the game).
- Facilitate game of Circle the Circle

Activity and Ambassador Skill Development – 15 min.

- Check-in with your Ambassadors
- Ask 2-3 of the following questions and discuss:
 - O What have you liked about being an Ambassador?
 - o Do you notice people being kinder to each other?
 - Is our school safer and kinder since the start of the Ambassadors program?
 - o What has been hard for you about being an Ambassador?
 - O What was your proudest moment as an Ambassador?
- Facilitate the Action Snapshot Campaign

Closing - 2 min.

 Bring meeting to a close by thanking the Ambassadors for their hard work and initiating a round of applause.

Circle the Circle

Materials:

Hula Hoop, rope, bungee cord loop or likewise object

Timing:

5 minutes

Preparation:

Everyone stands in a circle

Summary: Ambassadors pass a hula hoop around a circle without letting go of hands (or wrists, or fist bumps). This activity is useful for demonstrating the importance of trust and cooperation in group problem solving.

Directions: Stand in a circle holding hands. A hulahoop is placed between two participants so their hands link through the middle of the hula-hoop. Object is to pass the hula-hoop around the circle without breaking hands. Time permitting, start another hoop in the opposite direction so that the hoops must cross paths.

Debrief: Ask: In what ways did the group help each other accomplish this activity? What communication styles emerged? How did we encourage or discourage one another?