

SSA Family Group Agenda
Length: 22 minutes

Meeting #9

Prep:

- Get materials: masking tape (for opener), festive colored construction paper cut into strips, and stapler.

Meeting Agenda:

Welcome and Opening Activity – 5 min.

- Begin by welcoming everyone and take attendance (can be taken during the game).
- **Facilitate** game of I Like People Who. (Maybe make it a holiday theme to celebrate the upcoming holiday season)

Activity and Ambassador Skill Development – 15 min.

- Check in with your ambassadors.
- Get all the Ambassadors together in a circle to do the **Winter Hope Circle** activity.
 - TIP: for the three questions, put them on the board or on paper so that Ambassadors can see them when their turn comes.
 - Model the activity first, step into the center of the circle and choose a strip of paper to begin the chain. While in the center briefly share a sentence responding to each prompt and staple the paper together to begin the chain. You can either go in a circle or have students step forward to answer and add to the paper chain.

Closing – 2 min.

- Bring meeting to a close by reflecting on their courage as individuals and Ambassadors and re-affirm staying “linked” over the holidays.
 - Ask each Ambassador to say one word to describe how they are feeling.
- Thank the ambassadors and expressing how proud you are of them.

I Like People Who...

Materials:

Masking tape for each student

Timing:

5 minutes

Preparation:

Everyone stands shoulder to shoulder in a circle. Put down masking tape at their feet.

Summary: Ambassadors create a circle to learn what others like and to share their own thoughts and likes.

Directions: One person stands in the center of the circle and makes a statement that is true for them. Everyone else for whom the statement is also true must move to a new place in the circle. Whoever is left inside the circle without moving to a new placeholder becomes the next leader, choosing their own new statement.

Debrief: Discuss what was learned about their classmates and if they learned anything new

Winter Hope Circle

Materials:

Colored construction paper, cut into strips, and a stapler.

Timing:

15 minutes

Preparation:

Everyone gets into circle, can be standing or seated, around a "fire pit"

Summary: Ambassadors create a paper chain, showing how we are all connected together.

Directions: The winter season is traditionally a time for internal reflection about our lives and ourselves, providing a space for setting goal for ourselves in the future. Ask everyone to close their eyes and reflect on the following three statements: 1) a challenge they faced this year, 2) something they accomplished or are proud of, and 3) a hope/goal for next year.

Debrief: Discuss what was learned about their classmates and if they learned anything new