## SSA Family Group Agenda Length: 25 minutes

## Goal: Promote cohesion and set tone for future meetings

#### Prep:

Make copies of Code of Conduct (attached) - 1 per Ambassador (also available in Student Guidebooks)

#### **Meeting Agenda:**

## Welcome and Opening Activity – 10 min.

- Begin by welcoming everyone and take attendance (can be taken during the game).
- Initiate the game Telephone, see directions attached.

## Activity and Ambassador Skill Development – 10 min.

- Check-in with your Ambassadors
  - Ask how they have been doing since the training and facilitate a brief discussion around their answers.
- Sign Code of Conduct with all Ambassadors
  - Have an Ambassador pass out a Code of Conduct, one per participant.
    Invite a few students to read the Code out loud and ask the group to popcorn answers for what it means to them.
  - Have students sign at the bottom if they agree.
  - Acknowledge that some students may not be interested in staying in the SSA program, and they can speak with you after the meeting to discuss.

#### Closing - 5 min.

 Bring the meeting to a close by inviting Ambassadors into a circle and sending a "Closure Question" around the circle, see directions attached.

## **Telephone**

Materials: 1 piece of paper and a pen

Timing: 5-10 minutes

### Preparation:

Arrange chairs in a circle, one per participant

Someone volunteers to be the Starter and whispers a full sentence to the person sitting to their right.

That person then passes the message on by whispering it in the ear of the person to the right.

Each person then whispers what he or she heard into the ear of the person sitting to the right until the message ends up back at the Starter.

The last person says the (usually much distorted) message out loud and then the Starter reveals the original message.

#### **Debrief Questions:**

- Why do rumors get started? Why do they spread so easily?
- Have you ever been the subject of gossip? How did that feel?
- Have you ever spread gossip about someone else? How did you feel about it?
- What actions can Ambassadors use to stop the spread of gossip?

# Closure Questions

Materials: none

Timing: 5 minutes

<u>Preparation</u>: Arrange chairs in a circle, one per participant

Gather the group back into the starting circle and ask them to respond (in turn or "popcorn style") to questions like:

- What did you learn, value, or appreciate in our meeting?
- How did this meeting motivate you as an Ambassador?
- What Ambassador skills do you want to sharpen or improve?
- What Ambassador Actions do you feel most prepared to use?
- Are you ready to make one commitment as an Ambassador? If yes, what is it?



#### Safe School Ambassador Code of Conduct

As a Safe School Ambassador, I agree to follow the rules and policies of the Safe School Ambassadors Program, my school, district, and community. I understand the following and accept them as my personal Code of Conduct.

- 1. I will look for and will notice acts of mistreatment, cruelty, and violence.
- 2. When I notice these things, I will do my best to use my Ambassador Actions.
- 3. I will show respect toward the people I am helping and to my fellow Safe School Ambassadors.
- 4. I will talk to my Family Group Facilitator or other adult when I learn about possible violence, abuse, or suicide.
- 5. When I am unsure about what to do, I will talk with my Family Group Facilitator or another adult SSA Program leader and agree to follow the guidance they offer.
- 6. I will attend all regular meetings of my Family Group.
- 7. I will complete and turn in Action Logs when due.
- 8. I will do my best to attend all Safe School Ambassador trainings. When I have a conflict I can't avoid, I will notify my Family Group Facilitator.
- 9. I will not misuse or take advantage of my position as a Safe School Ambassador to manipulate or get special treatment.
- 10.1 understand that I could be dismissed from the Safe School Ambassadors Program for violating this Code of Conduct.

I understand the duties of being a Safe School Ambassador. I understand the consequence of violating this Code of Conduct. In the spirit of mutual trust, respect, and in good faith, we the undersigned agree to honor and be true to this Code of Conduct.

Signed at	(city)	,(state)	,on this (day)	of (month)	, 20 (year)
Safe School Ambassador		Name of School			
SSA Prograr	n Advisor		Principal		