

SSA Family Group Agenda
Length: 27 minutes

Meeting #12

Goal: Practice “Active Listening”

Meeting Agenda:

Welcome and Opening Activity – 10 min.

- Begin by welcoming everyone and take attendance.
- **Initiate** a game of The Complete Picture

Activity and Ambassador Skill Development – 15 min.

- Check in with your Ambassadors, “How is everything going?” “Any successes or challenges to share from the week?”
- Active Listening Skill Development activity. Review the Active Listening action in the **Student Guidebooks**. Facilitate a discussion on what active listening is and how it can be utilized as an Ambassador Action.
- Divide your family group into groups of 4-5. Give a situation of mistreatment to each group. Have each group role play the mistreatment and what an Ambassador could do to Actively Listen to either the Target or the Aggressor. The Ambassadors do not have to show what a complete conversation would look like, have them focus on how to initiate the conversation.
- Debrief each role-play as a group.
- Discuss what to do if someone discloses something that is too big for the Ambassador to handle (abuse, self-harm, etc.).

Closing – 2 min.

- Bring the meeting to a close by having each Ambassadors share one word of appreciation for the group.

The Complete Picture

Materials:

Paper and pencil or pen

Timing:

5-10 minutes

Preparation:

None

Directions:

- Have Ambassadors pair off. Ambassadors sit back to back; one partner faces the front of the room and the other faces the back.
- An adult draws a simple picture at the front of the room (for example a simple house with stick figures).
- As you draw the picture the Ambassador who is facing the front describes the picture to their partner.
- The Ambassador facing the back, attempts to draw the picture based on their partner's description. They are not allowed to ask clarifying questions.
- If time allows, have the partners switch roles and repeat the activity, however the drawer can ask clarifying questions.

Debrief: Talk about the importance of listening and how we can draw a more complete picture if we use active listening skills.

MIDDLE / HIGH

Example of simple picture:

